

## Lesson Plan for “The First Lesson of the New Academic Year 2020/2021”

### 1. Introduction

The Education and Youth Affairs Bureau (DSEJ) has developed the lesson plan for “The First Lesson of the New Academic Year 2020/2021”. The lesson aims to enhance students’ awareness of epidemic prevention and help students cultivate the spirit of cherishing blessings and gratitude through reflection on “the epidemic”<sup>1</sup>. Schools can carry out the thematic teaching activities on epidemic prevention and anti-epidemic in accordance with this Plan.

### 2. Basic explanation

- 2.1 Schools should design specific elements of classroom teaching for “The First Lesson of the New Academic Year” including teaching objectives, teaching content, teaching activities and teaching methods in accordance with the school-based characteristics as well as the age characteristics, the pattern of physical and mental development and experience of students in different grades and education stages. Schools can refer to this Plan and the “Requirements of Basic Academic Attainments”.
- 2.2 This Plan can be carried out on the first day of the academic year 2020/2021 (e.g. the day of the school opening ceremony) or during the lessons in the first week of the new academic year (e.g. weekly assembly, class management lesson, moral and civic education lesson, infants’ thematic lesson, and so on.)
- 2.3 As K1 students are still going through the period of adaptation to school life, schools should flexibly adjust the relevant teaching arrangements for the “The First Lesson of the New Academic Year” for them.

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<sup>1</sup>Refer to the outbreak of the novel coronavirus pneumonia all over the world during the school year 2019/2020.

### 3. Suggestions on teaching

#### 3.1 Infant education stage

- ✓ Selection of topics: it is recommended that health and hygiene education related to epidemic prevention should be selected as the teaching topic.
- ✓ Teaching objectives: pay attention to the cultivation of students' knowledge, skills, abilities, emotional attitudes and values. For example, teach students the methods for preventing novel coronavirus pneumonia, the correct way of wearing a face mask and washing hands and teach them to be willing to adopt the methods they know for preventing epidemic in everyday life.
- ✓ Teaching hours: it is suggested that the duration of teaching is one lesson or 30 minutes.
- ✓ Teaching content and method:
  - The teaching content and method have to be in line with the stated teaching objectives. For example, teach students the methods for preventing the epidemic, e.g. wearing a face mask and frequently washing hands. Schools can refer to the content of the Special Webpage Against Epidemics of the Novel Coronavirus Response and Coordination Center of the Macao SAR.
  - Schools should attach importance to children's life experience, emphasise children's participation and experience. Teachers should use game-based learning in the classroom. For example, when demonstrating and teaching students how to wash hands correctly, teachers can play rhythms and children's songs (e.g. hand washing songs).
- ✓ Please refer to the attachment for an example of teaching the "The First Lesson of the New Academic Year" in infant education stage (PPT).

#### 3.2 Primary education stage

- ✓ Selection of topics: it is recommended that gratitude education related to epidemic prevention should be selected as the teaching topic.
- ✓ Teaching objectives: pay attention to the cultivation of students' knowledge, skills,

abilities, emotional attitudes and values. For example, tell students about the impacts of the epidemic on people’s lives as well as the epidemic prevention measures taken by the country, the Macao SAR Government and schools and the effectiveness of such measures, teach them to develop a correct habit of preventing the epidemic in daily life, cherish the results of epidemic prevention and be grateful to the frontline epidemic prevention personnel.

- ✓ Teaching hours: it is suggested that the duration of teaching is one lesson or 40 minutes.
- ✓ Teaching content and method:
  - The teaching content and method have to be in line with the stated teaching objectives. For example, teach students about the impacts of the epidemic on people’s lives as well as the epidemic prevention measures taken by the country, the Macao SAR Government and schools and the effectiveness of such measures. Schools can refer to the content on the “coming together to fight the epidemic” thematic webpage of the Liaison Office of the Central People's Government in the Macao SAR, Government Information Bureau of the Macao SAR, the DSEJ, the Special Webpage Against Epidemics of the Novel Coronavirus Response and Coordination Center of the Macao SAR as well as other news media and information.
  - Integrate epidemic prevention education, gratitude education and civic education into the lesson through multiple learning methods. For example, for lower primary students, it can be done by making thank you cards, while for upper primary students, they can have a group discussion to design practical actions to express their gratitude to the frontline epidemic prevention personnel.
- ✓ Please refer to the attachment for an example of teaching “The First Lesson of the New Academic Year” in primary education stage (PPT).

### 3.3 Secondary education stage

- ✓ Selection of topics: it is recommended that education about cherishing blessings and expressing gratitude, civic education related to epidemic prevention should be

selected as the teaching theme.

- ✓ Teaching objectives: pay attention to the cultivation of students' knowledge, skills, abilities, emotional attitudes and values. For example, teach students to understand the importance of cherishing blessings and being grateful, have the ability to reflect on the epidemic, be willing to fulfill the obligation and responsibility to prevent the epidemic as a citizen, have the spirit of cherishing blessings and gratitude as well as know how to express gratitude and count their blessings.
- ✓ Teaching hours: it is suggested that the duration of teaching is one lesson or 40 minutes.
- ✓ Teaching content and method:
  - The teaching content and method should comply with the stated teaching objectives. For example, teach students to understand the importance of cherishing blessings and being grateful, guide them to be willing to fulfill the obligation and responsibility to prevent the epidemic as a citizen through telling them China's and Macao's anti-epidemic stories.
  - In accordance with the differences in students' ability development, schools should provide open learning activities, create an environment for students to reflect on the epidemic as well as learn to cherish blessings and be grateful. For example: students at junior secondary level can reflect on the epidemic from the perspective of Macao society and those of at the senior secondary level can look at the epidemic from a national or an international perspective.
- ✓ Please refer to the attachment for an example of teaching “The First Lesson of the New Academic Year” in secondary education stage (PPT).

#### **4. Links to reference information**

- 4.1 “Coming together to fight the epidemic” thematic webpage of the Liaison Office of the Central People's Government in the Macao SAR:  
<http://www.zlb.gov.cn/macao/zzcctxky/index.htm>

4.2 Government Information Bureau of the Macao SAR: <http://www.gcs.gov.mo>

4.3 The Education and Youth Affairs Bureau of the Macao SAR: <http://www.dsej.gov.mo>

4.4 The Special Webpage Against Epidemics of the Novel Coronavirus Response and  
Coordination Center of the Macao SAR:

<https://www.ssm.gov.mo/apps1/PreventCOVID-19/en.aspx#clg17668>

Attachment: examples of teaching “The First Lesson of the New Academic Year” in infant education stage, primary education stage and secondary education stage (1 CD).